

HEALTHY CHILDREN

The Center for Breastfeeding

Course Catalog Fall 2011 - Spring 2012



The Center for Breastfeeding
Healthy Children
327 Quaker Meeting House Road
East Sandwich, MA 02537
(508) 888-8044 phone
(508) 888-8050 fax
www.healthychildren.cc
info@healthychildren.cc

For dates and locations please see insert or contact us at the above number or web address

TWO DAY COURSES

Update your practice...

CASE STUDIES IN LACTATION PRACTICE

RNs: 13 Contact Hours; RDs: TBA; IBCLCs: 13L CERPs; Can be used towards CLC recertification

This course provides a framework for assessing and solving complex breastfeeding problems. Aspects explored include evaluating one's own knowledge base, identifying outdated ideas, and understanding the process of problem solving. Actual case studies are used and studied in depth to enrich the learning process, and to provide experience in applying the problem solving method. This course is a great way to enhance your problem solving skills that can be used in all aspects of your professional and personal life.

\$275/\$255 Early Bird*

For coalitions and task forces...

WORKING TOGETHER: COMMUNICATION AND TEAMWORK STRATEGIES FOR RECLAIMING BREASTFEEDING

RNs: 13 Contact Hours; RDs: 12; IBCLCs: 13L CERPs; Can be used towards CLC recertification

This course explores the theories of team and group processes including the use of teamwork tools, participatory action research, data driven planning, quality improvement processes and evidence-based practice using a framework of breastfeeding promotion, protection and support. Members of breastfeeding coalitions, WIC program staff, hospital staff, visiting nurses, midwives and others can benefit from this training. This two day course is fun, informative and a great team builder!

\$275/\$255 Early Bird*

THREE DAY COURSES

Training for hospital staff...

TAKE THE 20 HOUR COURSE

RNs: 20 Contact Hours; RDs: 20; IBCLCs: 20L CERPs

Take the 20 Hour Course over 3 days. This basic course fulfills the UNICEF recommendations for those who work with mothers and babies. Based on the new 20 hour curriculum in support of the Ten Steps to Successful Breastfeeding, this course was developed with support from the US Department of Health and Human Services to support the US Baby-Friendly Hospital Initiative.

\$365/\$345 Early Bird*

Training for community workers...

COMMUNITY BREASTFEEDING EDUCATOR (CBE)

RNs: 20 Contact Hours; RDs: 18; IBCLCs: 20L CERPs; Can be used towards CLC recertification

This foundation course for community workers in maternal child health focuses on providing services to pregnant women to encourage the initiation and continuation of breastfeeding. Strategies are presented for providing anticipatory guidance and support in order to prevent breastfeeding problems as well as to address barriers to breastfeeding in order to enable women to overcome any perceived or actual breastfeeding problems.

\$375/\$355 Early Bird*

INDEPENDENT STUDY/DISTANCE COURSE

SELF STUDY MODULES

We have modules that offer you an opportunity to learn at home. Please call 508 888 8044 or email info@healthychildren.cc to request the separate flyer.

Breastmilk and Diabetes; Ethics and Breastfeeding; Human Milk for Fragile Babies; and more!

DEVELOPING AND IMPLEMENTING EVIDENCE BASED CLINICAL PRACTICES

College Credit : 2, MCH 430

Evidence based practice is an emerging model for objectively examining the validity of health practices. This course explores evidence based clinical practices and provides a framework for integrating this new paradigm into existing hospital policies. Breastfeeding practices and the UNICEF Baby-Friendly Hospital Initiative are used as exemplars. This course is only available in distance format for students at the Union Institute and University.

Systemic review...

MATERNAL & INFANT ASSESSMENT FOR BREASTFEEDING AND HUMAN LACTATION

RNs: 20 Contact Hours; RDs: 14; IBCLCs: 20L CERPs; College Credits: 2, MCH 331; Can be used towards CLC recertification

This course examines lactation assessment parameters and skills within the role of case finding, assessing the breastfeeding mother and baby, and documenting the assessment. Major topics covered in the course are normal and gross anatomy of mother and infant, normal and abnormal development of the anatomy and physiology of the breastfeeding mother and baby, breastfeeding assessment scales, breast and maternal assessment, lexicon of assessment and documentation. This course will teach you a unique skill set sure to improve and enhance your practice. *Optional textbook - our own faculty's Maternal and Infant Assessment for Breastfeeding and Human Lactation.*

\$365/\$355 Early Bird*

** Early Bird registration discount is available if your check or credit card information is received 4 weeks (28 days) prior to the beginning of the class. Please see registration form on insert.*

Healthy Children offers the **only ANCC Nursing Skills Competency accredited course in Lactation..** In order to get ANCC certification, Healthy Children underwent rigorous evaluation by the American Nurses Credentialing Center. The CLC and the ANLC are now Nursing Skills Competency Programs. The American Nurses Credentialing Center (ANCC), a subsidiary of the American Nurses Association (ANA), provides individuals and organizations throughout the nursing profession with the resources they need to achieve practice excellence.

FIVE DAY COURSES

Support and counseling in the hospital and community...

CERTIFIED LACTATION COUNSELOR (CLC) TRAINING PROGRAM

RNs: 45 Contact Hours; RDs: 45; IBCLCs: 45.0L CERPs; College Credits: 3, MCH 330

This comprehensive, practical, evidence-based, breastfeeding management course includes improving skills, theoretical foundations and competency verification. Technical issues are explored within the context of counseling the mother in the hospital and in public health and community settings. This course prepares participants for professional work helping mothers and babies: this program trains participants how to gain insight into clients' problems, with a strong focus on counseling skills.

\$725/\$675 Early Bird*

The Certified Lactation Counselor (CLC) Training Program is a National Certification accredited by the Academy of Lactation Policy and Practice and the ANCC Commission on Accreditation as a Nursing Skills Competency Program. It is also approved through the Accreditation and Approval Review Committee (AARC) on Education in Human Lactation and Breastfeeding. AARC, jointly sponsored by ILCA and IBLCE, is the formal accreditation and approval body for education in the lactation consultant profession.



ADVANCED ISSUES IN LACTATION PRACTICE (ANLC OR ALC)

RNs: 45 Contact Hours; RDs: 45; IBCLCs: 39L and 6E CERPs; College Credits: 3, MCH 431; Can be used towards CLC recertification

This interactive course provides IBCLCs and CLCs with the opportunity to earn advanced certification in lactation management while verifying the insight, knowledge and skills essential to the development and implementation of management strategies for complex problems related to breastfeeding and human lactation. Participants will examine actual challenging cases, and develop management strategies using knowledge of psychology, sociology, infant development, gender studies, professional interrelations and ethics. \$675/\$625 Early Bird*

Successful completion of the Advanced Issues in Lactation Practice course will grant you the Advanced Lactation Consultant (ALC) or the Advanced Nurse Lactation Consultant (ANLC) certification. The ANLC and the ALC Certification Program is accredited by the Academy of Lactation Policy and Practice and the ANCC Commission on Accreditation as a Nursing Skills Competency Program. Renewable every 3 years with 24 hours of continuing education. Pre-requisite for taking this course: For Advanced Nurse Lactation Consultant Certification: A current RN license **and** either an IBCLC or Healthy Children CLC. For Advanced Lactation Consultant Certification: successful completion of the course Maternal Infant Assessment for Breastfeeding and Human Lactation **and** either an IBCLC or a Healthy Children CLC.



Become a trainer for your hospital...

APPLIED TEACHING METHODS IN LACTATION EDUCATION: LEARN TO TEACH THE 20 HOUR COURSE!

RNs: 45 Contact Hours; RDs: 34; IBCLCs: 45L CERPs; College Credits: 2, MCH 332; Can be used towards CLC recertification

This course is designed to train those who will teach the 20 hour course required by the Baby-Friendly Hospital Initiative for training health professionals, educators and staff. This offering provides a weeklong learning laboratory to assist participants in mastering the materials, methods, and scientific evidence that form the basis of the 20 hour course (as developed by UNICEF and the World Health Organization, and adapted by Baby-Friendly USA). The course is organized around the concepts, strategies, and applications involved in adult learning. Utilizing these concepts, participants will present sections of the 20 hour course to other participants (topics and materials will be assigned on-site). In addition, barriers and strategies to implementing the Ten Steps will be addressed. It is recommended that learners have a firm understanding of the basic concepts of lactation before taking this course.

\$595/\$545 Early Bird*

Optional teaching materials available. Recommended for those who want to teach the 20 hour course. A \$925.00 value, \$850 for course participants.

**Please see the insert for locations, dates, and registration forms for these courses or
visit our website www.healthychildren.cc
Call (508) 888-8044, fax (508) 888-8050, or email info@healthychildren.cc**

PLEASE NOTE: Travel, lodging, meals and coffee breaks are the participant's responsibility. **Please do not make travel arrangements until you have received a written confirmation from Healthy Children.** Refunds are given upon receipt of written notice up to 10 days prior to program. Refunds are subject to \$50.00 processing fee. Within 10 days prior to program, you may find a substitute or transfer your credit to future training program, if you notify us in writing. We are unable to refund tuition within 10 days prior to the start of program, or after the program begins, or for "no shows." Healthy Children reserves the right to cancel the program if there are less than 20 participants registered 4 weeks in advance. In that case, all registrations will be refunded with no processing fee. Group discounts are available if four or more from the same agency are attending. It is your responsibility to find out how many people from your agency are attending the training program. Group discounts are not given retroactively. Early bird discounts, when check or credit card information is received more than 28 days before the beginning of the program, are not given retroactively. Space is limited and trainings may fill to capacity months in advance. Participant seats are not reserved until full payment is received and participant receives written confirmation. The confirmation is the receipt. Confirmations and information about the exact location and local overnight accommodations will be mailed or faxed to registrants. Babies and children will not be admitted to the teaching room except for quietly nursing babies under 6 months. Babies (or adult participants as well) who have an infectious disease including (but not limited to) cold or flu symptoms may not attend the training program. The complete policy is available at www.healthychildren.cc.

CONTACT HOURS AND COLLEGE CREDITS

Each of these training programs have been approved for Contact Hours and may be used for continuing education for nurses. These courses can be used towards CLC recertification. Provider approved by the California Board of Registered Nursing, Provider Number CEP4931. Florida Provider Number: FBN3373. RD credit is provided through ADA. IBCLCs will receive CERPs from IBLCE. Partial credit will not be given to participants who attend only part of a program.

Healthy Children Project, Inc. is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Many of these courses can be used toward a bachelor's degree in **Maternal Child Health: Lactation Consulting** at The Union Institute & University through a cooperative partnership with Healthy Children. Please call 508 888 8044 for more information. **To receive college credits**, a participant must successfully complete classroom time, exercises, and exams, as well as an Enhanced Learning Project. The Enhanced Learning Project is different for each course. You have 60 days from the last day of the face to face portion to complete the ELP. The cost for college credit recommendations is in addition to the cost of tuition for the course.

For more information about bachelors, masters and PhD degrees in Lactation Consulting, please call us at 508 888 8044.

As part of Healthy Children's mission, we present most of our conferences in collaboration with private, public and non-profit agencies. If your organization would like to provide space for a training program in exchange for free registrations, please call us!

**Call for more information about our International Conferences and the Symposium at Sea! Or
check our website at www.healthychildren.cc. Locations and dates for these courses and more are
available on the calendar insert, or on our website. Call (508) 888-8044, fax (508) 888-8050 or
email info@healthychildren.cc**