

**Advanced Issues in Lactation Practice  
Advanced Nurse Lactation Consultant  
Advanced Lactation Consultant  
This ANCC Accreditation Nursing Skills Competency Program  
Expires November 30, 2011**

**The faculty, Nurse Planner, and Planning Committee members declare that they have no conflicts of interest to disclose. Any royalties from books, DVDs or materials written by Healthy Children faculty referred to or used in this course have been donated directly to charity.**

**Instructor name:**

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**Course Description**

The Advanced Nurse Lactation Consultant or Advanced Lactation Consultant Certificate Program is an interactive continuing education program designed to provide qualified practitioners with the knowledge and skills essential to the development and implementation of management strategies for difficult or complex problems related to breastfeeding and human lactation in an appropriate psycho-social and cultural context. The program consists of a five day workshop with homework assignments, quizzes, competency verification and an examination. Learners interact with faculty who are clinical practitioners and expert in the area of Lactation Consulting and breastfeeding management.

Also considered and practiced in the course are counseling skills and related competencies. This course is offered in a face-to-face format multiple times a year in diverse locations.

Class begins at 8:15 and ends at 4:30 for the first four days. Lunch is one hour, 12-1 and there will be a break in the morning and the afternoon as directed by the faculty. On the fifth day, the class ends at noon. Please be prompt in returning to the teaching room after the breaks and lunch.

There are homework assignments on Monday through Thursday. Please have your assignment ready to turn in the next morning.

The credential is valid for 3 years and may be renewed via submission of proof of 18 hours of continuing education in breastfeeding and human lactation.

**Competencies for the  
Advanced Nurse Lactation Consultant  
Advanced Lactation Consultant**

***Competency: Ability to develop and implement an individualized and collaborative plan of care for the breastfeeding dyad that acknowledges physical, psychosocial and cultural approaches to lactation management and integrates the mother's goals and the infant's abilities.***

***Knowledge and Skills of the Advanced Nurse Lactation Consultant/ Advanced Lactation Consultant:***

Upon completion of the lactation management course, the participant should demonstrate competence in the specific categories described below:

**A. Knowledge of breastfeeding and human lactation management as demonstrated by prerequisite criteria:**

CLC certificate indicating successful completion of the Certified Lactation Counselor Training Program offered by the Healthy Children Project

Or

IBCLC Certificate from IBLCE indicating that he/she has passed the IBLCE exam

**B. Current licensure as a Registered Nurse or Certificate of Completion from the course *Maternal and Infant Assessment for Breastfeeding and Human Lactation* if not a currently licensed RN**

**C. Application of the Lactation Consultation Process in the development of lactation management strategies and care plans in the clinical setting.**

**D. Integration of a variety of psychosocial approaches lactation consulting in the clinical setting.**

## Syllabus

Learners attend a 5 consecutive day lactation counselor course offered by the Healthy Children Project class with no absences (missed time may be made up in another course offering without penalty), participate in classroom exercises, competency verification exercises and problem solving discussions. The classroom experience includes large and small group interactions with faculty and other participants as well as interactions related to individual questions and issues.

Study guides with reflective questions will be distributed at the end of each day and along with other homework, will be due the next morning. There will be additional readings as well.

The textbook for the course is *Case Studies in Breastfeeding: Problem Solving Skills and Strategies* by Karin Cadwell and Cindy Turner-Maffei.

Readings (distributed as class handouts) include:

*Ethics of Health Care a Guide for Clinical Practice*, Second Edition by Edge and Groves pp 40-54.

Breastfeeding in America: A History of Influencing Factors by Diane Thulier in *JHL* 25(1)2009 pp 85-94

Summary of the HIPAA Privacy Rule US Dept HHS pp1-23

Breastfeeding and the Use of Human Milk (AAP Policy Statement) *Peds* 115(2) pp496-505

*The Motherhood Constellation: A Unified View of Parent-Infant Psychotherapy* by Daniel N. Stern pp 171-190.

*At the Breast* by Linda M Blum pp 180-201

## Syllabus

### Course Objectives:

- Identify personal goals for clinical practice
- Identify the expectations of breastfeeding mothers related to clinical practices.
- Discuss breastfeeding in the context of women's health and social history.
- Describe Bricolage and the 8 step model of lactation consulting.
- Demonstrate the integration of the 8 step model of lactation consultation by applying it to clinical experiences.
- Identify personal archetypal characteristics.
- Demonstrate the integration of the 8 step model of lactation consultation into clinical experiences.
- Describe the relational model and the counseling/consultation process.
- Describe female role archetypes.
- Demonstrate the integration of the relational and archetypal approaches to counseling by applying them to case studies of lactation.
- Demonstrate the integration of the relational and archetypal approaches to counseling into clinical experiences.
- Describe the application of Narrative Based Practice and Klienman's questions to lactation consulting.
- Describe models of growth and development of childhood and adulthood especially relating to gender and those with special needs.
- Demonstrate the integration of knowledge of models of Narrative Based Practice, growth and development and cultural competency by applying them to counseling and case histories of lactation.
- Demonstrate the integration of knowledge of models of Narrative Based Practice, growth and development and cultural competency into counseling and case histories of lactation.
- Identify the psychological tasks of maternal role assumption.

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- Discuss the role of ethics in lactation practice.
- Describe a personal model of ethical practice.
- Apply and integrate the developmental, archetypal, relational, and psychological models into lactation counseling.
- Demonstrate mastery of course objectives.

**Knowledge and Skills of Advanced Nurse Lactation Consultants/Advanced Lactation Consultants**

*Knowledge essential to the development and implementation of management strategies for difficult or complex problems related to breastfeeding and human lactation in an appropriate psycho-social and cultural context*

- Develop a self awareness of personal goals for clinical practice
- Interpret common contemporary breastfeeding beliefs in the context of women's health and social history.
- Describe Bricolage and the 8 step model of lactation consulting.
- Identify personal archetypal characteristics.
- Describe female role archetypes in the context of lactation consults
- Describe the relational model and the counseling/consultation process
- Describe the application of Narrative Based Practice and Klienman's questions to lactation consulting.
- Describe models of growth and development of childhood and adulthood especially relating to gender and those with special needs.
- Identify the psychological tasks of maternal role assumption.
- Describe a personal model of ethical practice.

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*Skill essential to the development and implementation of management strategies for difficult or complex problems related to breastfeeding and human lactation in an appropriate psycho-social and cultural context*

- Demonstrate the integration of the 8 step model of lactation consultation by applying it to clinical experiences.
- Demonstrate the integration of the relational and archetypal approaches to counseling by applying them to case studies of lactation.
- Demonstrate the integration of knowledge of models of Narrative Based Practice, growth and development and cultural competency by applying them to counseling and case histories of lactation.

**Competency:**

**Demonstrate the ability to develop and implement an individualized and collaborative plan of care for the breastfeeding dyad that acknowledges physical, psychosocial and cultural approaches to lactation management and integrates the mother's goals and the infant's abilities.**

**Verification**

- Submit a Peer Review completed by a participant peer that evaluates your application of the 8 step model, the mother's goals, the infant's abilities and the dyad's physical condition to a lactation plan of care.
- Submit the 8 Level competency worksheet of the case seen in above.
- Submit the self assessment worksheet on same case as above.
- Submit or present an Exemplar of the case above demonstrating the integration of the 8 step model of lactation consultation into a collaborative plan of care.
- Demonstrate the ability to develop and implement an individualized and collaborative plan of care for the breastfeeding dyad using the 8 step model appropriately to a case during a clinical experience. [Faculty Observation]

- Submit a Peer Review completed by a different participant peer that evaluates your application of the relational or the archetypal model acknowledging the psychosocial approach to lactation management.
- Submit the 8 Level competency worksheet of the case seen in above.
- Submit the self assessment worksheet on same case as above.
- Submit or present an Exemplar of the case above demonstrating the integration of either the relational or archetypal approach into a collaborative plan of care.
- Demonstrate the ability to develop and implement an individualized and

## Syllabus

- collaborative plan of care for the breastfeeding dyad using a psychosocial model during a clinical experience. [Faculty Observation]
- Submit a Peer Review completed by a different participant peer that evaluates your integration of models of Narrative Based Practice, growth and development or cultural competency to lactation management.
  - Submit the 8 Level competency worksheet of the case seen above.
  - Submit the self assessment worksheet on same case as above
  - Submit or present an Exemplar of the case above demonstrating the integration of either Narrative Based Practice, growth and development or cultural competency into a collaborative plan of care.
  - Demonstrate the ability to develop and implement an individualized and collaborative plan of care for the breastfeeding dyad integrating psychosocial and cultural approaches to lactation management and integrates the mother's goals and the infant's abilities. [Faculty Observation]
  - Achieve a greater than 74% score on the Advanced Issues in Lactation Practice exam offered by ALPP.